

## **Novena to the Holy Spirit (From the Brothers of the Beloved Disciple)**

**Day 1: The Holy Spirit as Breath of Life:** “The Lord God formed man out of the clay of the ground and blew into his nostrils the breath of life, and so man became a living being.” (Gen.2:7) “Then Jesus breathed on them and said: Receive the Holy Spirit.” (John 20:22)

**Charism (spiritual gift) to ask:** Praise.

**Fruit of the Spirit to ask:** Love.

**Prayer:** Gracious Father, by the power of Jesus your Son, breathe into me the Love that comes from your Holy Spirit. Help me to love each person I encounter in my daily life, but most especially those who are hurting, poor and lonely, this day. Amen.

**Day 2: The Holy Spirit as Wind:** “Jesus answered, “Truly, truly, I say to you, unless one is born of water and the Spirit, he cannot enter the kingdom of God. That which is born of the flesh is flesh, and that which is born of the Spirit is spirit. Do not marvel that I said to you, “You must be born anew. “The wind blows where it wills, and you hear the sound of it, but you do not know whence it comes or whither it goes, so it is with everyone who is born of the Spirit.” (JN 3:5-8).

**Charism to ask:** Love for God’s Word (Scripture).

**Fruit to ask:** Joy.

**Prayer:** Lord God, may Jesus, your Son, blow the wind of your Spirit through my life and my soul that I may be filled with the joy that comes from you alone and may this joy make me a more effective witness to your holy Gospel. Amen.

**Day 3: The Holy Spirit as Living Water:** “If anyone thirst, let him come to me and drink. He who believes in me, as the scripture has said, ‘Out of his heart shall flow rivers of living water.’ Now, this he said about the Spirit which those who believed in him were to receive...” (JN 7:37-38)

**Charism to ask:** Prophecy (Hearing God; Speaking God’s Word).

**Fruit to ask:** Peace.

**Prayer:** God our Father, with your Son Jesus, the Prince of Peace, Pour out the living water of your Holy Spirit in my life that I may have peace in my soul and be an instrument of peace to the world. May Our Mother Mary, Queen of Peace, obtain the gift of peace for our world, by our living out our consecration to her Immaculate Heart. Amen.

**Day 4: the Holy Spirit as Fire:** “I baptize you with water for repentance, but He who is coming after me is mightier than I...he will baptize you with the Holy Spirit and fire. “(MT 3:11) “And there appeared to them tongues as of fire, distributed and resting on each one of them. And they were all filled with the Holy Spirit” (Acts 2:3-4)

**Charism to ask:** Teaching (All parents are teachers of faith for children).

**Fruit to ask:** Generosity.

**Prayer:** Loving Father, through Jesus your Son, grant me a heart that is generous with its time, talent and treasure, especially toward the poor and those less fortunate than me. May the fire of you Holy Spirit burn away all that is selfish within me. Amen.

**Day 5: The Holy Spirit as a Dove:** “Now when all the people were baptized, and when Jesus also had been baptized and was praying, the heaven was opened, and the Holy Spirit descended upon him in bodily form, as a dove, and a voice came from heaven, “You are my beloved Son, with you I am well pleased,” (LK 3:21-22)

**Charism to ask:** Faith to do great things.

**Fruit to ask:** Gentleness.

**Prayer:** Gentle Father and Jesus my Savior, send forth your gift of gentleness like a Dove to rest upon my spirit so that my life may bear testimony to your love and mercy. As you have been gentle in caring for me and forgiving my sins, so may I be gentle towards everyone I meet. Amen.

**Day 6: The Holy Spirit as a Cloud:** “And the Lord went before them by day in a pillar of cloud to lead them along the way, and by night in a pillar of fire to give them light that they might travel by day and by night; the pillar of cloud by day and the pillar of fire by night did not depart from before the people.” (EX 13:21-22)  
“Then the cloud covered the tent of meeting, and the glory of the Lord filled the tabernacle.” (EX 40:34)

**Charism to ask:** Healing (For yourself and a prayer gift for others).

**Fruit to ask:** Patience.

**Prayer:** Lord Jesus, ask Our Father to watch over me and my loved ones and your Church by day and by night. Help us to know that your Holy Spirit guides us along our life’s journey and that you are a lamp unto our feet. May we be patient with one another’s faults and frailties, and encourage one another to follow your will all the days of our lives. Amen.

**Day 7: The Holy Spirit, Paraclete (Advocate):** “If you love me you will keep my commandments. I shall ask the Father, and he will give you another Advocate to be with you forever, the Spirit of truth whom the world can never accept since it neither sees nor knows him; but you know him, because he is with you, he is in you.” (JN 14:15-17)

**Charism to ask:** Service/Assistance/Hospitality/Mercy.

**Fruit to ask:** Faithfulness.

**Prayer:** Lord Jesus, ask the Father, that I may know and understand that the Holy Spirit is with me always to counsel me and to assist me in being faithful to your Gospel. May my life and your Church be continually guided by the wisdom of your Holy Spirit. Amen.

**Day 8: The Holy Spirit of Truth:** “However, when the Spirit of truth comes he will lead you to the complete truth, since he will not be speaking of his own accord, but will say only what he has been told; and he will reveal to you the things to come. He will glorify me, since all he reveals to you will be taken from what is mine. (JN 16:13-15)

**Charism to ask:** Administration (Practical planning and organization).

**Fruit to ask:** Kindness.

**Prayer:** Lord Jesus, you are the way, the truth and the life. May the Holy Spirit guide me and all people to the truth that you are the Savior of the world. O Holy Spirit, may the kindness of the Father and the Son be evident in my life and in the Church as we witness to the truth of the Gospel. Amen.

**Day 9: The Holy Spirit as Gift of God:** “You must repent’, Peter answered, ‘and every one of you must be baptized in the name of Jesus Christ for the forgiveness of your sins, and you will receive the gift of the Holy Spirit.” (ACTS 2:38)

**Charism to ask:** Evangelization (Proclaiming and witnessing to the Gospel).

**Fruit to ask:** Self-control.

**Prayer:** “Father, I thank you for giving me your Son, Jesus, who has saved me from my sins and for the gift of the Holy Spirit sent into my life and your Church. May all the gifts of the Holy Spirit be working to build up your Son’s body, the Church and may Mary Our Blessed Mother, obtain for us the grace of perfect cooperation with the inspirations of the Holy Spirit so that our lives may be under your control, now and forever, Amen.